



BAREFOOT
COACHING

Course Outline

Postgraduate Certificate in Coaching
Supervision

2024



Postgraduate Certificate in Coaching Supervision

We are committed to delivering a relevant and memorable learning experience to every delegate.

We are proud to present a unique and eclectic coaching course which does not advocate one particular approach to coaching supervision but instead offers a wide and varied spectrum of approaches and ideas which enables you to develop your own supervisory style. We offer you:

- The best of traditional therapeutic and helping models
- Modern psychological thinking and positive psychology
- A comprehensive manual containing a wealth of coaching supervision tools, techniques and approaches
- Guest speakers and coaches who are world renowned presenters and published authors on coaching supervision
- Working in triads, practicing supervision from day one of the course to experience coaching supervision from three different perspectives
- Allocated personal tutor for completion of the academic work
- Access to Chester University on-line learning resources and UK University libraries (if registering with Chester University. Additional fee will apply)

Course Team

All Barefoot Coaching tutors and assistant tutors are trained to a minimum of postgraduate level in coaching.

Our tutors are all highly regarded in their field, many of whom have in excess of 20 years' practical coaching and supervision experience and can offer valuable input and expertise to help delegates optimise and enjoy their learning experience. All tutors are practicing coaches with extensive and current experience of executive and personal coaching.

In addition to the above, many have backgrounds in a wide range of psychological/therapeutic approaches, leadership approaches, team and group dynamics and psychometric and diagnostic models.

Meet our Founder and Course Director: Kim Morgan MCC, MA Coaching and Coach Development



Kim Morgan, MCC credentialed Coach is the Founder and CEO of Barefoot Coaching with an MA in Coaching and Coaching Development, a Visiting Research Fellow Coaching at the University of Chester and a Lifetime Fellow of the National Council of Psychotherapists. She was also one of the UK's first executive business and personal coaches, who has pioneered and led externally certified University Masters Level Postgraduate Awards in Coach Training since 2001. Kim is the author of 'The Coach's Casebook' and 'The Coach's Survival Guide' and a regular monthly columnist for Psychologies Magazine.

As Course Director, Kim is responsible for (and passionate about) maintaining the highest academic standards throughout our course programmes.

Course Outline

Our standard course outline is below. Days may run in a different order depending on our tutor availability and group requirements.

Session 1

- Welcome/Introductions & Contracting
- The Barefoot adult learning approach & commitment to learning
- What is coaching supervision for internal and independent coaches?
- Benefits of supervision
- How does it differ from coaching?
- What is the purpose of coach supervision -normative, formative, restorative & commercial reflective practice

Session 2

- What is the supervisor's role?
- Nondirective and directive approaches
- Four Focus Supervision Model
- Ages and Stages Developmental Model
- 121 coaching supervision practice with Barefoot Coaching supervision model

Session 3

- Contracting
- Practical, Professional and Psychological Contracting
- Role power personal power
Recognising and acknowledging this
- Commissioner, client and outcome

Session 4

- Ethics and Boundaries
- Exploration of ethical dilemmas & how they may appear in coach practice – 121, Group and Teams
- Developing an ethical antenna as a supervisor
- How self-care contributes to ethic practice
- Developing our reflective practice around ethics

Session 5

- Developing your signature reflective practice approach
- What is your philosophy, purpose, and process as a coach supervisor?
- Using Reflective approaches with coaches to enhance & develop their reflective skills

Session 6

- Deeper dive into 121 coach supervision
- Explore and practice using the 7 eyed model & 7 conversations model
- Becoming the Seven Eyed Supervisor
- Useful techniques from our coaching practice that flow into coach supervision practice



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Session 7

- Increase self reflection as a coaching supervisor
- Reflection in action
- Building a more sophisticated self-awareness and skills for us a coach supervisor using Boyatzis's Self Development model
- Linking this with the purpose of coach supervision -normative, formative, restorative & commercial reflective practice

Session 8

- Coach supervision in the organisational setting
- How to choose the 'right' blend for a particular organisation
- Critically reviewing the readiness of an organisation and what you can bring to the coach supervision space in the organisation setting

Session 9

- Who you are is how you supervise
- Values, how do these support/influence your supervision?
- Repeating patterns, know thyself.
- Wilbur, using this to understand ourselves' better and as a process for coaches to use to view themselves/clients.

Session 10

- Understand the difference of working with groups and group dynamics in coach supervision
- Introduction to the group work of Bion
- Core concepts in group work
- Develop effective approaches and structures for group supervision
- Understand the parallel of facilitation and using the Heron's 6 categories of Interventions

Session 11

- Family therapy & creative approaches
- Families as our first group/organisation
- Useful ideas from Satir, Minuchin
- Constellations, mapping, systems

Session 12

- Emergent group supervision practice and observation of small group coach supervision



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Session 13

- Lessons from psychology – projection, transference & parallel process
- Core concepts in psychoanalysis
- Supervising in Survival Mode
- Supervising in Competency Mode

Session 14

- More creative techniques
- Intuition, sculpting, derive, storytelling, metaphor
- Final 121 practice - 3 worlds 4 territories

Session 15

- Developing more robust Self Care strategies for coaches & self
- Using Compassionate mind approach & Human Givens in supervision

Session 16

- Endings
- What next for you as Supervisor
- Qualification Q & A
- Celebrate end of the taught programme

Optional additional learning and CPD days are available, for more information on these days please contact the Barefoot team on info@barefootcoaching.co.uk

Course fees for online:

Standard Rate: £2,950 +vat Personal
 £3,540 +vat Corporate

University registration fees: Currently £1,545* within the UK payable directly to the university. Please note that the above university fee is subject to review annually. Contact us for fees beyond the dates above. The University of Chester also require all applicants from outside of the UK to complete an English proficiency document to support their application. This would be at the cost to the student.

Please be aware, fees for those studying outside of the UK/EU may vary.

***Please note, the University registration fees are subject to change.**

For further details and to discuss this please contact the Barefoot Office on: 01332 863641 or via info@barefootcoaching.co.uk

Qualifications

After the four 2-day attended modules, you will start your academic writing. This is Masters level work and would account for 60 credits towards a Masters Qualification if you wished to continue your studies beyond the Postgraduate Certificate level.

You are required to:

- Conduct 8 hours of 1:1 coach supervision with practice clients
- Conduct 8 hours of group supervision with practice clients
- Submit a 45-minute clip of a group coaching supervision session
- Produce 1 2500 word essay
- Produce 2 further 5000 word essays.

During the course, you will receive written and verbal feedback on your coaching style from the course tutors. Throughout the course, tutors will cross reference topics to the essays and prepare you for the written and academic work. In addition to the comprehensive Study Pack from the University of Chester, Barefoot Coaching will provide you with a comprehensive guide to completing the academic work. After the taught module, you will be allocated a personal tutor who will give you feedback on your draft assignments.

As you would expect the emphasis of this programme is on the practical aspects of coaching supervision and brings together the latest thinking and concepts around coaching supervision and how to actually do it effectively.

ICF CCE Points

This course carries a total of 40 ICF CCE points and are shown broken down into Core Competencies and Resource Development below.

Core Competencies	23
Resource Development	17



Entry Requirements

If you are interested in attending this programme, it is essential that you have proven coaching capability and practical experience, which means you need to hold a current recognised qualification in coaching, coaching psychology or psychotherapy e.g. PG Certificate in Coaching and also demonstrate considerable coaching experience in terms of the number of clients and/or your background in coaching. A pre selection interview (usually over the phone) will take place to ensure the eligibility criteria of the programme is met.

Ready to book a place: all applications for the course need to be assessed for suitability by our team. This is to ensure that all students have the highest chance of success and that the learning experience is a positive and supportive one for all. You can apply online [here](#) or contact our team on info@barefootcoaching.co.uk for more information on the application and booking process.